

Weekly Practice Log

Week Of: *Sight Reading:* *Chords/Rhythm:* *Scales:* *Technique:* *Theory:* *Songs:*

Monday:

Metronome BPM:

Minutes Practiced:

Tuesday:

Metronome BPM:

Minutes Practiced:

Wednesday:

Metronome BPM:

Minutes Practiced:

Thursday:

Metronome BPM:

Minutes Practiced:

Friday:

Metronome BPM:

Minutes Practiced:

Saturday:

Metronome BPM:

Minutes Practiced:

Sunday:

Metronome BPM:

Minutes Practiced:

Total Minutes Practiced:

Notes: