

GUITAR RHYTHM EXERCISES (EIGHTH NOTES, 1 RESTS)

▣ = DOWNSTROKE (NUMBERS = DOWNSTROKES)

∇ = UPSTROKE (& = UPSTROKES)

APPLY ALL THE CHORDS YOU KNOW TO THESE RHYTHM PATTERNS

AARON RASHAW

4/4

1 & 2 & 3 & 4 &
5 ▣ ∇ ▣ ∇ ▣ ∇ ▣ ∇

1 & 2 & 3 & 4 (&)

1 & 2 & 3 & (4) & 1 & 2 & 3 & (4) & 1 & 2 & 3 & (4) & 1 & 2 & 3 & (4) &

1 & 2 & 3 (&) 4 & 1 & 2 & 3 (&) 4 & 1 & 2 & 3 (&) 4 & 1 & 2 & 3 (&) 4 &

1 & 2 & (3) & 4 & 1 & 2 & (3) & 4 & 1 & 2 & (3) & 4 & 1 & 2 & (3) & 4 &

1 & 2 (&) 3 & 4 & 1 & 2 (&) 3 & 4 & 1 & 2 (&) 3 & 4 & 1 & 2 (&) 3 & 4 &

1 & (2) & 3 & 4 & 1 & (2) & 3 & 4 & 1 & (2) & 3 & 4 & 1 & (2) & 3 & 4 &

1 (&) 2 & 3 & 4 & 1 (&) 2 & 3 & 4 & 1 (&) 2 & 3 & 4 & 1 (&) 2 & 3 & 4 &

(1) & 2 & 3 & 4 & (1) & 2 & 3 & 4 & (1) & 2 & 3 & 4 & (1) & 2 & 3 & 4 &