

EIGHTH NOTE STRUMMING PATTERN (MOVING 1 EIGHTH REST)

PICK ANY CHORD OR GROUP OF CHORDS TO USE.

AARON RASHAW

1

1 & 2 & 3 & 4 &

DOWN UP DOWN UP DOWN UP DOWN UP

2

1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

DOWN UP DOWN UP DOWN UP DOWN UP DOWN UP DOWN UP DOWN UP

"AIR GUITAR" PAST THE RESTS, KEEP THE STRUMMING PATTERN MOVING. IF THERE IS A REST ON A NUMBER, YOU ARE SKIPPING A DOWN BEAT. IF THERE IS A REST ON AN &, YOU ARE SKIPPING THE UP BEAT. ALWAYS KEEP THE DOWN UP DOWN UP DOWN UP DOWN UP PATTERN GOING, NO MATTER WHAT BEATS YOU SKIP.

4

1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

DOWN UP DOWN UP DOWN UP DOWN UP DOWN UP DOWN UP DOWN UP

6

1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

DOWN UP DOWN UP DOWN UP DOWN UP DOWN UP DOWN UP DOWN UP

8

1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

DOWN UP DOWN UP DOWN UP DOWN UP DOWN UP DOWN UP DOWN UP